



FLT NEWSLETTER

October 2024

First period newsletter

Each period, we send you a report on our actions and the upcoming agenda.

Our Missions

- Representation in various councils
- Dialogue facilitator
- Ensuring the well-being of children at school
- Advocating for families' interests while respecting their diversity
- Information source for families
- Support for families

Our working group

- Living Together
- Inclusive School
- Eco-Team
- Partnership
- Lycee Café
- Scholarships

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Feel free to contact us via our

Contact form

FLT website

Message from the president

The start of the school year and this first school period have flown by, and I would like to thank all the parents for their trust and the FLT members for their dedication and support.

During this first period, we held our general assembly, at the end of which the association's new board was elected.

A renewed board with 9 new members and 11 returning members.

Here is the presentation of the association's board, at your service for the 2024-2025 year:

President: Célia Hughes

Vice President for Primary: Virginie Cammas

Vice President for Secondary: Caroline Desprès

Secretary: Philippe Fritsch

Treasurer: David Sallé

As well as the other board members (from left to right and top to bottom):

Emeline Beauchart, Marie Carbonero, Agathe Chambalu, Pauline De Jesus, Jean-Bernard Dumerç (Oles administrator), Evelyne Etchebehere, Céline Jacquemin, Jérémie Lamboley, Stéphane Marot, Kim N'Guyen, Madoka Poncin, Ariane Roche, Junko Tobita, Simon Talvard-Balland, Pierre-François Vilquin.



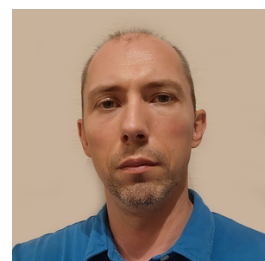
Célia Hughes



Virginie Cammas



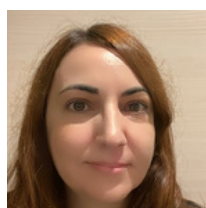
Caroline Desprès



Philippe Fritsch



David Sallé



Election of Parent Representatives to Primary School Council and LFIT School Council

Octobre 2024

In early October, you were invited to vote for the parent representative lists for the Primary School Council and LFIT School Council. Thank you for your continued trust in the FLT representative lists. You can find these lists on our [website](#).

Here are **the dates for the first councils** of the 2024-2025 school year:

- Primary School Council on November 7
- Junior and Senior High School Council on November 6
- LFIT School Council on November 12
- Board Meeting of LFIT

Please ask your questions for the councils on this [form](#).

After these councils, we will prepare reports and publish them on our website to keep you informed of the discussions.

List of LFIT School Council:

Liste du conseil d'établissement

Titulaires



Célia Hughes
CM2, 3^e



Caroline Despres
5^e, 3^e, 1^{ère}



Pierre-François
Vilquin
4^e



Jean-Bernard
Dumerc
CM2, 5^e

Suppléants



Philippe Fritsch
CM2, 5^e



Emeline Beauchart
CP, CE2



Céline Jacquemin
2^{nde}, Tale



Evelyne Etchebehere
GS, CP

List of Primary School Council:

Liste du conseil d'école

Titulaires



Virginie Cammas
CE2, 6^e, 4^e



Célia Hughes
CM2, 3^e



Simon Talvard-Balland
CE1



Emeline Beauchart
CP, CE2



Samia Bensaid
CM2, 4^e



Evelyne Etchebehere
GS, CP



Stéphane Marot
CE2, CE2



Kim N'Guyen
CP, 5^e

Suppléants



Marie Carbonero
CE2



Pauline de Jésus
GS



Jean-Bernard Dumerc
CM2, 5^e



Junko German
CM1, CM1, 6^e



Caroline Crouzatier
CE2



Emilie Bouffandeau
CM1, CM2



Maryem Haddaoui
CP



Agnès Surry
CP, CM2

First period events

October 2024



Lycées-Cafés

On **September 17**, we organized our first **Lycee Cafe** of the year, closely followed by the first **Japanese Lycee Cafe on September 19**. About 70 parents came to meet us, connect with one another, listen to the presentation of the association, and ask their questions.

After the presentations, **we enjoyed refreshments and snacks while discussing our children's school life**. It was a very friendly occasion!



Ecoteam

On **Saturday, October 5**, we held our first Eco-Team workshop for elementary school children. To kick off the year, we posed the question, **"Is plastic really fantastic?"** To help us better understand the issues and answer this question, we used the book 'A Planet Full of Plastic' by Neal Layton and watched short educational videos. We then tried to guess the decomposition time of everyday plastic items. It wasn't easy!

To conclude our session, we repurposed plastic bags to create flowers, bracelets, and pom-poms!



Canteen Committee

October 2024

Canteen visits

Since the beginning of the year, two visits to the cafeteria have been organized, giving around ten parents the opportunity to discover both the environment where our children have their lunches and the meals served to them.

In our opinion, these visits are an excellent way to better understand how this important moment of their day unfolds, while also gaining a bit more perspective on the remarks our children may share.

Next visit on November 12 th

Committee

We also held two committees with representatives from LFIT and Cezar's Kitchen. These meetings provide us with the opportunity to convey all your feedback, and we have received a lot of it at the start of the year, so thank you for your trust! Among other topics, we raised the following issues:

The wait time at the cafeteria for junior and high school students at the beginning of the year.

At the start of the year, as the cafeteria registrations were not finalized for all children, it is necessary to verify the identity of each child individually. Additionally, the allergy or dietary preference forms (vegetarian, no pork, etc.) are not always fully completed. Cafeteria supervisors and staff need to be even more vigilant to ensure that no risks are taken, which also increases the service time.

The quantities served to preschool and elementary school children

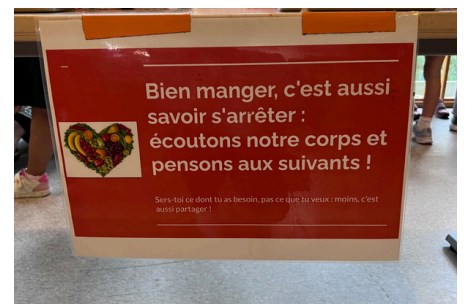
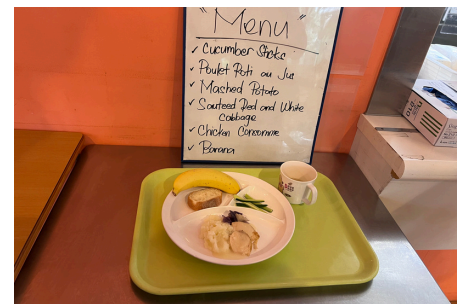
The supervisors and the catering service confirm that 80% of **preschool and CP/CE1** children do not finish their plates, so it would not be appropriate to increase the portion sizes, as this could lead to more food waste. However, **every child has the right to ask for a second serving!** Let's remember to remind them to request more if they are still hungry and to stay attentive when the supervisors come around. For the youngest children, if you have any questions about the meals, you can contact the ATSEM (preschool assistant), who is present at each meal.

For the older children (**starting from CE2**), they are responsible for serving themselves, but the supervisors have noticed that some take too much and do not finish, which deprives other children. Signage has been installed to remind everyone of good practices, but it's also important that we reinforce this message at home!

For any questions, please write to: restauration@familles-lycee-tokyo.com

Junior School and High School Cafeteria

We have approved the implementation of a breakfast and snack service at the High School cafeteria, which will also be open to all junior school students. The cafeteria will therefore be open to them from 8 AM to 10 AM and from 2 PM to 4 PM.



You can write your feedbacks about the canteen on our [form](#)

Services for families

October 2024

School supplies

This year, for the second consecutive year, the **FLT offered you a school supply delivery service through the company LDE**. This "LDE 2.0" initiative was prepared over several months to allow you to order the necessary supplies in advance for an easier back-to-school experience. Thank you to everyone who renewed their trust in us! We received nearly 700 orders! Unfortunately, delays were also part of this second edition, and we plan to conduct a review to improve this service for the future.

A **book exchange** was organized in parallel through WhatsApp groups for the items that are common to the lists from previous years.



Sponsorship Program

At the beginning of this year, we relaunched the FLT sponsorship program, which allows families who already attend the school to welcome new families, whether they are coming from the Japanese system, from France, or from another country.

This year, 69 pairs were created. A real success! Please feel free to give us feedback on your experience as a sponsor or a sponsored family.

Line/WhatsApp Groups

Each year, we assist in the creation of **Line groups** (one per class for elementary school) and **WhatsApp groups** for secondary school (one per grade).

These groups facilitate the exchange of information among parents, foster connections, and also allow us at FLT to communicate useful information to you and gather your questions and concerns, so we can effectively relay them to the administration.



If you wish to join the groups :

Line : [link](#)
WhatsApp : [link](#)

Our commitments to families along the year

October 2024

FLT Partnerships

For this new school year, we continue our FLT Partnerships program. Our partners offer promotional rates to our members, and in return, we provide them with visibility. This year, we have a new partner offering tutoring courses: Maman 101.

You can find the list of our partners on the homepage of the association's website.

If you are interested and have activities or services to promote, please contact us by email at partenariat@familles-lycee-tokyo.com

ACTING COACH JAPAN TOKYO
Ateliers Jeu de l'Acteur de Cinéma
pour Enfants et Adolescents
en français et en anglais

アントワナン・ロレ音楽学校
Antoine Rollet music school
Cours de piano/guitare/trompette
en français japonais ou anglais
tous niveaux acceptés

Atelier café gare de Lyon
Cours de théâtre et d'improvisation
(enfants, ados et adultes)

ATELIER FABER ET MAZLISH TOKYO
Ateliers d'échange et de soutien à la parentalité méthode Faber et Mazlish

HELLO CHANGE
Ateliers d'aïkido verbal pour apprendre
- à réguler le stress et l'émotivité
- s'exercer à désamorcer l'agressivité et les conflits

KING'S ROAD SCHOOL OF ENGLISH
Call Us
Mon - Fri 12:00 - 19:00
03-3589-8666

Les Oiseaux
Eveil musical, classes de piano et de chant enfant et adultes

Maman 101
Soutien scolaire en Français
Aide aux devoirs
maman101 | info@maman101.com | Caille Yayoi

NOMADE FOOTBALL CLUB
Stages avec hébergement,
Mini stages et tournois en ligue Junior (U-15 et U-18)
Entraînement football à l'année

TOKYO GUITARE
Cours de guitare a domicile

Coming events

October 2024

Inclusive school group

Our next informal gathering will take place on
Saturday, November 16, from 10 AM to 12 PM.

This event is co-organized by LFI Tokyo and the "Inclusive School" group of the Familles du Lycée de Tokyo association. It is open to all families who feel concerned.

This will be an opportunity to catch up with everyone and welcome new families. It will also allow us to discuss any topics that concern you, from diagnosing a disorder to implementing support plans (PAP, PPS), therapeutic follow-up, and AESH (Accompagnant des Élèves en Situation de Handicap), addressing both human and administrative/financial aspects.

We will be pleased to have Mrs. Bartagnon present, who has started her full-time position as the teacher responsible for the education of students with disabilities (ERSEH) at the high school since the start of the school year.

Please register via this email if you would like to participate: ecole-inclusive@familles-lycee-tokyo.com



Ecoteam events

Our workshops will continue throughout the year. We hope to hold one or two workshops for children each term and are looking for motivated parents to lead or assist with workshops aimed at older children and adults.

Upcoming children's workshops:

- **Saturday, November 16**, at Azabudai Hills Tower, focusing on food and how to change your plate to change the planet!
- **Saturday, December 14** (to be confirmed), at LFIT to create Christmas decorations.

Please feel free to contact us at our email address: ecoteam@familles-lycee-tokyo.com



ECO TEAM FLT



Please contact us through our [contact form](#) for any request or question!