



FLT NEWSLETTER

October 2025

First period newsletter

Each period, we send you a report on our actions and our upcoming agenda.

Our Missions

- Representation in the various councils
- Dialogue facilitator
- Ensuring the well-being of children at school
- Advocating for families' interests while respecting their diversity
- Providing information to families
- Support for families

Our working group

- Living Together
- Inclusive School
- Eco-Team
- Partnerships
- Lycee-Café
- Scholarships

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Feel free to contact us via our

Contact form

FLT website

Message from the president

The start of the school year and this first school period have flown by, and I would like to thank all the parents for their trust and the FLT members for their dedication and support.

During this first period, we held our general assembly, at the end of which the association's new board was elected.

Our board was renewed with 8 new members and 10 returning members.

Here is the presentation of the association's board, at your service for the 2025-2026 year:

President: Célia Hughes

Vice President for Primary: Virginie Cammas

Vice President for Secondary: Caroline Després

Secretary: Philippe Fritsch

Treasurer: David Sallé

As well as the other board members (from left to right and top to bottom):

Pauline Bocquillon, Marie Carbonero, Cécile Cottet, Jean-Bernard Dumerc (Oles administrator), Adrien Hansel, Charlotte Issoire, Taeko Kitao, Jérémie Lamboley, Dorra Mahjoubi, Stéphane Marot, Normann Polidoro, Christophe Scicluna, Simon Talvard-Balland.



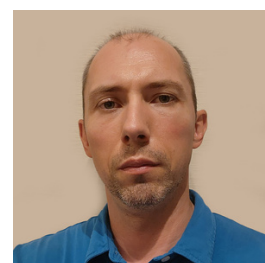
Célia Hughes



Virginie Cammas



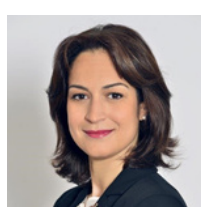
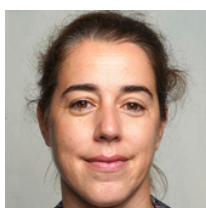
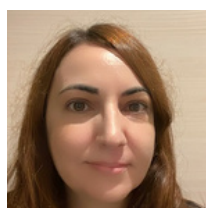
Caroline Després



Philippe Fritsch



David Sallé



Election of the Parent Representatives to Primary School Council and LFIT School Council

Octobre 2025

In early October, you were invited to vote for the parent representative lists for the Primary School Council and LFIT School Council. Thank you for your continued trust in the FLT representative lists. You can find these lists on our [website](#).

Here are **the dates for the first councils** of the 2025–2026 school year:

- Primary School Council on November 11
- Junior and Senior High School Council on November 18
- LFIT School Council on November 19
- Board Meeting of LFIT

Please ask your questions for the councils on this [form](#).

After these councils, we will prepare reports and publish them on our website to keep you informed of the discussions.

List of LFIT School Council:

List of Primary School Council:

Liste conseil d'établissement

Liste conseil d'école

Titulaires



Célia Hughes
6e, 2nd



Caroline Despres
4è, 2nd, Tle



Jean-Bernard
Dumerc
6è, 4è



Dorra Mahjoubi
5è, 3è

Suppléants



Pauline Bocquillon
4è, Tle



Stéphane Marot
CM1, CM1



Cécile Cottet
6è, 3e, Tle



Virginie Cammas
CM1, 5è, 3è

Titulaires



Stéphane Marot
CM1, CM1



Marie Carbonero
CM1



Junko German
CM2, CM2, 5è



Simon Talvard-Balland
CE2



Virginie Cammas
CM1, 5è, 3è



Charlotte Isoire
MS, CE2



Adrien Hansel
GS, CE2



Christophe Scicluna
CM1

Suppléants



Evelynne Etchebehere
CP, CE1



Jérémie Lamboley
CE2, 6è



Taeko Kitao
CE1, CM2



Normann Polidoro
GS



Ariane Roche
MS, CE2



Emilie Bouffandeau
CM2, 6è



Maryem Haddaoui
CE1



Agnès Surry
MS, CE2, 6è

First period events

October 2025

Lycées-Cafés



On **September 17th**, we held our first **International Lycée-Café** of the year.

We chose a friendly and informal format for this first event, focused on conversation, welcoming new families, and creating connections.

Some of our FLT partners were also present to introduce themselves and answer your questions!

On **October 8th**, we held the **“Lycée-Café” in Japanese** at the LFI Tokyo auditorium.

More than 40 Japanese-speaking parents gathered to exchange ideas and experiences about their children's education, from preschool through high school!

Five of the 21 FLT partners were also present for a brief presentation of their services.

The morning ended with informal small-group discussions, further encouraging the sharing of experiences among parents.

Thank you all for your enthusiastic participation!



Inclusive school group



On the morning of **Saturday, October 4th**, the Inclusive

Education group of the FLT **organized a gathering, inviting parents involved to come together for a friendly and supportive exchange with other parents, professionals, and members of the school community.**

Twelve parents attended, along with two professionals — Ms. Kibe-Crenn (psychologist) and Ms. Moreels (speech therapist) — and two members of the school staff: Mr. Teissonnière (Primary School Principal) and Ms. Bartagnon (Special Education Teacher for students with special needs – EBEP).

The welcoming and informal format of this kind of meeting allows parents to share freely in a safe, confidential space, where they feel heard and understood by peers who face similar situations.

Parents were able to talk about their own experiences, listen to others, and leave with some ideas or new perspectives to explore for their own families.

They also had the opportunity to ask questions to better understand the many acronyms surrounding inclusive education: PAP, PPS, MDPH, Gevasco...

The staff members present also found the meeting valuable, as it helped them gain deeper insight into what parents of EBEP students go through — enabling them to provide better support.

More meetings like this will be held throughout the year.

In the meantime, if you have any questions for the FLT Inclusive Education group, please don't hesitate to contact us: ecole-inclusive@familles-lycee-tokyo.com

Canteen Committee

October 2025

Canteen visits

Since the beginning of the year, two visits to the cafeteria have been organized, giving around ten parents the opportunity to discover both the environment where our children have their lunches and the meals served to them.

In our opinion, these visits are an excellent way to better understand how this important moment of their day unfolds, while also gaining a bit more perspective on the remarks our children may share.

Next visit on October 17 th

Committee

We also held a committee meeting in September, with representatives from the Lycée and Cezar's Kitchen. These meetings are an opportunity for us to relay all your feedback.

For any questions, feel free to write to us at: restauration@familles-lycee-tokyo.com

Among other things, we discussed the following topics:

A new system in the cafeteria

Every day, the school catering service at LFI Tokyo prepares and serves over 1,200 meals, and more than 85% of students eat at the cafeteria.

Starting this school year, a new meal tracking system has been implemented for middle and high school students. Each student has a personal identification code, which was shared with families at the end of August.

Families can access an online portal that allows them to monitor cafeteria visits and manage their child's meal account.

For preschool and elementary students, the cafeteria system remains unchanged.



The Cafeteria for Middle/High School

At the middle/high school cafeteria, breakfast, snacks, sandwiches, salads, and a selection of coffees are served. It is also open to all middle school students.

Wait Times at the Cafeteria for Middle and High School Students at the Start of the School Year

At the beginning of the school year, as cafeteria registrations are not yet finalized for all students, it is necessary to verify each student's identity and allergy information individually. The cafeteria supervisors must be especially vigilant to ensure no risks are taken, which also leads to longer service times.

You can write your feedback about the canteen on our [form](#)

Services for families

October 2025

School supplies

This year, for the third consecutive year, the **FLT offered you a school supply delivery service through the company LDE**. This initiative was prepared over several months to allow you to order the necessary supplies in advance for an easier back-to-school experience. Thank you to everyone who renewed their trust in us! This year, we were able to distribute school supplies on the first day of school as planned!

As for textbooks, the partnership between Maison Petit Renard, FLT, and LFI Tokyo also made it possible to ensure on-time delivery and quality service provided by our bookstore partner.

A **book exchange** was organized in parallel through WhatsApp groups for the items that are common to the lists from previous years.

Line/WhatsApp Groups

Each year, we assist in the creation of **Line groups** (one per class for elementary school) and **WhatsApp groups** for secondary school (one per grade).

These groups facilitate the exchange of information among parents, foster connections, and also allow us at FLT to communicate useful information to you and gather your questions and concerns, so we can effectively relay them to the administration.



Sponsorship Program

At the beginning of this year, we relaunched the FLT sponsorship program, which allows families who already attend the school to welcome new families, whether they are coming from the Japanese system, from France, or from another country.

This year, 41 pairs were created. A real success! Please feel free to give us feedback on your experience as a sponsor or a sponsored family.



If you wish to join the groups :

Line : [link](#)
WhatsApp : [link](#)

Coming events

October 2025

Building a Positive School Community

On Thursday, November 6th, France will mark the National Day Against Bullying.

On this occasion, FLT is joining forces with LFI Tokyo to organize **an evening event for parents**, featuring the screening (in the school auditorium) of a powerful film on the topic: "Playground" (original title: "Un Monde") – which was awarded at the Cannes Film Festival in 2021.

The screening will provide an opportunity to reflect on the issue and will be followed by a discussion with members of the school staff who are part of the Phare team, which works daily on bullying prevention within the school.



Movie screening evening on Friday, November 7th!
If you would like to register, please fill out this form.



Joint Solidarity Action with LFI Tokyo

As part of the **partnership between AEFÉ and AFM-Téléthon**, the Families of the Lycée Français International de Tokyo and the school invite you to support families and individuals affected by rare, progressive, and often still incurable diseases.

Take part in this important cause by contributing to **the fundraising campaign via the dedicated page** – **every donation counts!**

Spread the word and help us raise the solidarity counter even higher.

FLT will organize fundraising activities such as bake sales and holiday card sales (designed by the children) during school events like the Christmas concert and fun runs.

We will also be holding a charity run for parents following the CE1-CM2 Christmas run (details to be shared soon).

We're always looking for parent volunteers to help out during these kinds of events.

If you'd like to lend a hand, bake something, or contribute in another way, feel free to contact us via **our contact form**.

Coming events

October 2025

Ecoteam events

Our workshops will continue throughout the year. As some members of the Eco-Team have recently left, we need a bit of time to reorganize and share the schedule for upcoming workshops – but don't worry, the Eco-Team is still here and just as motivated!

We hope to organize one or two workshops for children each term, and we are currently looking for enthusiastic parents to help lead or support workshops for older students and adults.

If you're interested, feel free to contact us!

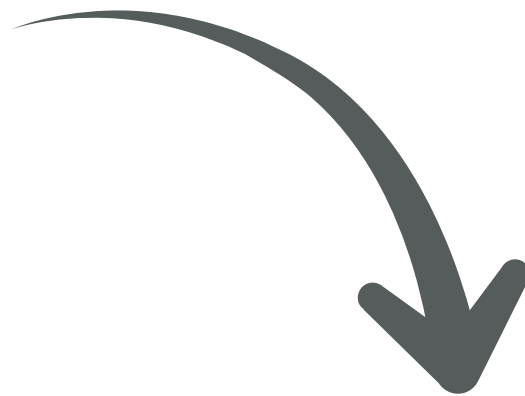
ecoteam@familles-lycee-tokyo.com



The autumn break is already here, and we hope you'll enjoy this time to relax with your family.

We also hope the children will get a chance to rest after this first school term, which is always a bit tiring!

Some of our partners are offering activities during the holidays, so feel free to check out their programs on the following pages!



Please contact us through our [contact form](#) for any request or question!

FLT Partnerships

October 2025

For this new school year, we continue our FLT Partnerships program. Our partners offer promotional rates to our members, and in return, we provide them with visibility.

You can find the list of our partners on the homepage of the [association's website](#).

Partner Information for the Holidays

King's Road

Autumn Intensives

History of Music for Young Learners

October 20th - 24th / 27th - 31st 09:00 - 13:00



Introducing an exciting English Autumn Intensive

Who was Mozart and who was Michael Jackson?

Programme overview

History of Music/Fun Facts

Why do we make music?

Where did opera music come from?

What stories does music tell?

Do we have our famous
Snack Time?
Of course!
Healthy & Delicious



POP MUSIC

For more information, please contact us at admin.staff@kingsroadenglish.com

Bonjour,

À l'approche des vacances, King's Road prépare du matériel et des activités pour le cours intensif qui se déroulera tous les jours pendant les deux semaines de vacances.

Le thème de ce cours intensif sera cette fois-ci « la musique ».

Nous préparons du matériel à différents niveaux afin que tous les élèves puissent participer aux cours.

La première semaine, nous organiserons un atelier musical.

Idéalement, les élèves devraient venir tous les jours, mais si cela s'avère difficile, ils pourront tout de même s'amuser en participant les jours où ils peuvent venir.

Nous créerons des chansons en anglais avec l'aide d'un musicien professionnel qui nous conseillera.

Tous les élèves repartiront avec un album de leurs travaux qu'ils pourront conserver en souvenir de leur participation à un formidable cours intensif d'anglais à King's Road.

Traduit avec DeepL.com (version gratuite)



こんにちは。

休暇が近づくにつれ、キングス・ロードでは休暇期間中の2週間毎日開催される集中コースの教材と活動を準備中です。

今回の集中コースのテーマは「音楽」です。

全ての生徒が参加できるよう、異なるレベルの教材を準備しています。

第1週は音楽ワークショップを開催します。

毎日参加できるのが理想ですが、難しい場合でも、参加可能な日に参加するだけでも十分に楽しめます。

プロの音楽アドバイザーの指導のもと、英語で歌を作ります。

すべての生徒は、キングスロードでの素晴らしい英語集中コースへの参加の証として、自分の作品を集めたスクラップブックを持ち帰ることができます。



Hello,

As the vacations approach, King's Road is preparing materials and activities for the Intensives course which will run daily for the two weeks of holidays.

The theme of the intensives, this time, will be 'Music'

We are preparing materials at different levels so that all students can join the classes.

For the first week, we will run a music workshop.

Ideally, students should come each day, but if this is difficult, it will still be fun for them to join in on the days they can come.

We will be making songs in English with the help of a professional musician music advisor.

All students will come home with scrapbook of their work which they can keep as a reminder of their participation in an awesome English Intensive Course at King's Road.



If you are interested and have activities or services to promote, please contact us by email at partenariat@familles-lycee-tokyo.com

FLT Partnerships

October 2025

Partner Information for the Holidays

Maison Petit Renard, an FLT partner (offering a 10% discount on your first three purchases at the bookstore if you are an FLT member), is organizing **a comic book festival at LFI Tokyo** on the weekend of November 1st-2nd!



If you are interested and have activities or services to promote, please contact us by email at partenariat@familles-lycee-tokyo.com

FLT Partnerships

October 2025

Partner Information for the Holidays

La Petite École Solidaire Saturday Classes @maman101

Saturdays at La Petite École Solidaire

📖 French classes, DELF Prim preparation

From 1:30 PM to 2:20 PM

📖 FLAM workshops (artistic and cultural activities in French: drawing, painting, writing, reading aloud, kamishibai, singing, etc.).

Thanks to these workshops, children interact in French and learn in a fun way.

From 2:45 PM to 4:45 PM

3 heures par mois de lâcher prise, de folie,
de techniques théâtrales, d'impros...
ouvert à tous les niveaux sans engagement.
3 heures - 3000 yens

Prochaines dates :
vendredi 26 septembre 18h30 - 21h30
vendredi 17 octobre 18h30 - 21h30
samedi 8 novembre 15h - 18h

Our space, Hatagaya

Stages théâtre / impros



renseignements/reservations :
ateliercafegaredelyon@gmail.com
@ateliercafegaredelyon

Stage impro Atelier Gare de Lyon

Pour qui? adultes, ados à partir de 16ans

Quand? prochains stages :

- vendredi 17 octobre 17:30 - 21:30
- Samedi 8 novembre 15h 18h

De la folie, du lâcher prise, de la création.

Venez vous détendre, vous changez les idées, vous surprendre!

ateliercafegaredelyon@gmail.com

If you are interested and have activities or services to promote, please contact us by email at partenariat@familles-lycee-tokyo.com